

# Shout It Out! Cheer Camp Pep Rally Newsletter

Summer 2010  
Schoolers  
Edition



## Arm Motions

High V  
Low V  
Low Touchdown  
High Touchdown  
"T"  
Broken T  
Daggers  
"L"  
Genie  
Muscle-Man  
"O"  
Diagonal  
"K"

## Jumps

Spread Eagle  
Tuck  
Toe Touch  
Herkey



Renee Terry  
Owner/Director  
544-3886

[snglubbock@suddenlink.net](mailto:snglubbock@suddenlink.net)  
[www.stretchngrowthx.com](http://www.stretchngrowthx.com)

Your child should have received the free t-shirt/poms and any other merchandise pieces that were ordered.

Please contact us ASAP if you are missing anything!!

## CHEERS AND CHANTS THAT YOUR CHILD HAS LEARNED THIS SUMMER:

### Intro Chant:

Hey Crowd come on in. Take a seat and meet my friend.  
Stars, stars are the best!

### Dynamite:

Stars Fight, We are Dynamite

### W-I-N:

W-I-N, Fight to Win!

### Rock the House:

Who rocks the house, I say  
the stars rock the house and  
when the stars rock the  
house they rock it all the way  
down!

### Never Give Up:

Never give up, never give in.  
Fight to Win!

### Hey, Hey:

Hey, hey what do ya say?  
Let's go Stars!

### Finale Chant:

Hey go Stars! Go, Fight,  
Win!

## Demonstration Showcase/ Pep Rally Information

What to wear-The cheerleaders will need to wear purple or black shorts, cheer camp t-shirts, and tennis shoes. **ALSO PLEASE BE SURE YOUR CHILD BRINGS POM POMS!** We will pick the girls up 30 mins prior to the demonstration showcase to get them ready. If you choose to get your child ready before the showcase, **please be sure they are dressed no later than 30 mins before the starting time so that we can be sure to start on schedule. All Pep Rallies will be on-site at the childcare facility.**

## Demonstration Schedule

Westminster- Mon. Aug 2nd  
Pep Rally @ 3:45

Wee Care- Mon. Aug 2nd  
PK @ 5:15  
School Age @ 5:45

Lakeridge Baptist- Tue. Aug 3rd  
PK @ 9:00

Neighborhood Academy- Tue. Aug 3rd  
PK @ 3:00

Creative Learning Center- Tue. Aug 3rd  
Pep Rally @ 5:00

Kid's Kingdom- Wed. Aug 4th  
Pep Rally @ 5:15

Ripley Do Dah's- Wed. Aug 4th  
Pep Rally @ 6:45

Kid's Are Cool- Thurs. Aug 5th  
PK @ 5:00

School-Age @ 5:30

Doodlebug Square- Thurs. Aug 5th  
PK @ 3:15

School-Age TBA

Hope Lutheran- Mon. Aug 9th  
EPS; PS1; PK1; PK2 @ 9:45

KP and SAK @ 10:10

SA1 & SA2 @ 10:35

Kidz Kare- Tue. Aug 17th  
Pep Rally @ 4:00

Covenant- Wed. Aug 18th  
Pep Rally @ 11:30

Boardwalk- Wed. Aug 18th  
Ages 4-6 @ 1:30  
Ages 7-12 @ 2:00