

# Pirate Cheerleading At Cooper South

By Stretch-N-Grow



# Catch the Spirit



If your child is interested in advancing her cheerleading skills to the next level, whether she has been cheering for years, or is just starting out, this is the perfect opportunity to take her cheerleading skills to a whole new level!! Our BRAND NEW curriculum will allow your child to experience:

- \* Arm Motion and Jump Technique and Terminology with all new drills to reinforce and refine technique
- \* Three fun and challenging cheer dances
- \* Cooper Pirate Fight Song
- \* Countless, exciting new cheers/chants that encourage school spirit.
- \* Opportunity to make cheer signs/banners for games
- \* Basic Stunting Skills for 2nd-5th graders
- \* Performance Opportunities which builds self-confidence
- \* Girls will be divided into small squads according to age/ability level with low teacher to child ratios.

**In addition, they will get to experience the thrill of performing in front of an audience at a Cooper Football/Basketball game and also perform in front of family and friends at the PEP RALLY demonstration during the final class.**

### Highlights about our program:

1. This is our 8th year to provide after school cheerleading classes at Cooper.
2. In the gym at **COOPER SOUTH** immediately after school so it is convenient for busy parents. (No evening or weekend commitments, with the exception of the final performance.)
3. Cost effective and uniforms are optional.
4. Partnering with the Cooper High School in providing opportunities to cheer at Cooper Football/Basketball Games.
5. Builds School Spirit!

### For more information contact:

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OR  
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OR  
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www.stretchngrowtx.com



**Place:** Cooper South Elementary Gymnasium

**Days:** Every FRIDAY for grades PK-5th  
September 14th-November 17th

**Times:** 3:45 to 5:15

Students may walk to the gym immediately after school.

**\*\*Students will be divided into age groups & will learn different age-appropriate curriculum for each age-group**

**Class size is limited. Placement is based on a first come first serve basis.**

**RETURN REGISTRATION TO THE SIGN-UP TABLE OR MAIL TO THE ADDRESS**

STRETCH-N-GROW C/O RENEE TERRY  
PO Box 148  
Wolfforth, TX 79382

**OR REGISTRATION CAN BE COMPLETED ONLINE AT:  
WWW.STRETCHNGROWTX.COM**

**Price for entire Semester:**

\_\_\_\_ \$90 Registration Fee  
\_\_\_\_ \$5 Gym Use Fee (required by LCISD)

TOTAL \$95

\*\*NO Refunds after 1st Class.

**PLEASE DO NOT  
RETURN FORMS  
TO SCHOOL!**

Child's Name: \_\_\_\_\_ Classroom: \_\_\_\_\_

School Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Cell: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

**E-mail:** \_\_\_\_\_ (\*Very Important-confirmation of registration will be e-mailed the weekend before classes begin)

**YES, my child attends the on-site after school care. Please picked up/drop off in cafeteria.**

Please list any Health Concerns: \_\_\_\_\_

Payment may be made by cashier's check, check or credit card to Stretch-n-Grow. Please fill out the information below for credit card payment (\$5 processing fee is assessed to credit card payments.)

Name on Credit Card: \_\_\_\_\_ Type of Credit Card: Mastercard or Visa

Credit Card #: \_\_\_\_\_ ExpirationDate: \_\_\_\_\_

**Please check size for FREE T-SHIRT:**

\_\_\_\_ Youth XS (2/4)    \_\_\_\_ Youth MED (10/12)    \_\_\_\_ Adult SMALL    \_\_\_\_ Adult Large  
\_\_\_\_ Youth SM (6/8)    \_\_\_\_ Youth LG (14/16)    \_\_\_\_ Adult MED    \_\_\_\_ Adult XL

Information regarding OPTIONAL uniforms will be available the first class or can be accessed on our website.